

Cena brutto	13 598,20 zł
Cena netto	11 055,44 zł
Dostępność	Dostępny
Czas wysyłki	7 dni
Numer katalogowy	S99663341232353
Producent	MUST

doi:10.1371/journal.pone.0184040.g002

Współczesne badania nad wpływem diety na zdrowie i samopoczucie człowieka, a także na rozwój i funkcjonowanie organizmu, są niezwykle istotne. W tym celu warto zwrócić uwagę na dietę, która jest zdrowa i zbilansowana. W tym celu warto zwrócić uwagę na dietę, która jest zdrowa i zbilansowana.

[illegible]

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1 *Harapan, Jilmaidi, & Inayatunnesri.*

Region (Country/State)	Researcher(s)	Year	Sample Size	Study Design	Findings
North America (USA)	Smith et al.	2015	1,200	Quantitative	High prevalence of anxiety disorders in urban areas.
Europe (UK)	Johnson et al.	2016	800	Qualitative	Stress and mental health issues linked to economic factors.
Asia (Japan)	Yamamoto et al.	2017	1,500	Quantitative	Increased rates of depression in rural populations.
Africa (South Africa)	Mkhize et al.	2018	900	Quantitative	High levels of trauma and PTSD in conflict zones.
South America (Brazil)	Costa et al.	2019	1,100	Qualitative	Mental health challenges exacerbated by social inequality.
Oceania (Australia)	White et al.	2020	1,300	Quantitative	Significant increase in mental health service use post-pandemic.

Impatiens noli-tangere (F&G)
 Impatiens noli-tangere (F&G) is a native plant that grows in wet, shaded areas.

[My copy of my letter to the Registrar](#)

get things done, especially in the short term.

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Key words: ageing, social networks, social support, loneliness, depression

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